



WEEK III

BAMC Marketplace

WEEK III MENU



TRY OUR ♥ MENU LINE ITEMS, THEY ARE DELICIOUS AND NUTRITIOUS TOO!

WE ARE COMMITTED TO A HASSLE-FREE ENVIRONMENT

If you need assistance, please ask a Nutrition Care employee. We are here to serve you high quality customer service. If you have any comments or concerns, please call us at 916-1642. We appreciate your feedback

SERVED DAILY FOR BREAKFAST: JUICES, HASH BROWNS, COLD CEREALS, OATMEAL, GRITS, PANCAKES, FRENCH TOAST, MADE TO ORDER BARS (PANCAKES, EGGS, OMELETS), BACON, CREAMED BEEF, ASSORTED BREAKFAST PASTRIES, ASSORTED BAGELS, BREADS, ENGLISH MUFFINS & TOAST, FRESH FRUIT, ASSORTED YOGURT, MILK (2%, SKIM, & CHOCOLATE), BREAKFAST TACOS, SAUSAGE, & BACON

SERVED DURING LUNCH MONDAY THRU FRIDAY:

SHORT ORDER: HAMBURGERS, CHEESEBURGERS, HOT DOGS, CHILI DOGS, CHILI CON CARNE, FRIED CHICKEN FILLET, DOUBLE HAMBURGERS, DOUBLE CHEESEBURGERS, GRILLED CHEESE, GRILLED HAM AND CHEESE, HOT WINGS, & FRENCH FRIES
ALSO: ASSORTED FRESH FRUIT, SOFT SERVE ICE CREAM, ICE CREAM BARS AND CUPS, ASSORTED CHIPS, & HOT ROLLS

SALAD BAR

LUNCH

18 APRIL MONDAY	19 APRIL TUESDAY	20 APRIL WEDNESDAY	21 APRIL THURSDAY	22 APRIL FRIDAY	23 APRIL SATURDAY	24 APRIL SUNDAY
LENTIL SOUP	TORTILLA SOUP	CHICKEN NOODLE SOUP	BROCCOLI CHEESE SOUP	CHICKEN GUMBO SOUP	BEEF NOODLE SOUP	AUTUMN SOUP
TURKEY TETRAZINNI BAKED PIT HAM	SOUTH OF THE BORDER LASAGNA BLACKENED CATFISH	SWEET AND SOUR PORK BROCCOLI STIR FRY	ROAST PORK LASAGNA	STUFFED PEPERS (BEEF) FRIED CATFISH	CHICKEN FRIED STEAK PIZZA (PEPPERONI, SAUSAGE, SUPREME, VEGETABLE)	CHILI WITH BEANS POLYNESIAN CHICKEN
CANDIED SWEET POTATOES CORNBREAD STUFFING	HOPPING JOHN (BLACK-EYE PEAS WITH RICE) GARLIC MASHED POTATOES MEXICAN RICE	FRIED RICE WHITE RICE CHOW MEIN NOODLES	GARLIC MASHED POTATOES WILD RICE	RAINBOW PASTA GARDEN BLEND RICE	MASHED POTATOES MACARONI AND CHEESE	WHITE RICE CORNBREAD STUFFING
GREEN BEAN CASSEROLE MIXED VEGETABLES	SEASONED GREENS CORN AND TOMATO CASSEROLE	GLAZED CARROTS ZUCCHINI SQUASH	GREEN BEANS CAULIFLOWER	MIXED VEGETABLE STEWED TOMATOES	VEGETABLE MEDLEY ASPARAGUS	LIMA BEANS CAULIFLOWER AU GRATIN
DINNER ROLLS	DINNER ROLLS	GARLIC BREAD	DINNER ROLLS	DINNER ROLLS	DINNER ROLLS	DINNER ROLLS
LEMON MERINGUE PIE CARROT CAKE ANGEL FOOD CAKE	APPLE PIE BLACK FOREST CAKE DIET APPLE PIE	MARBLE CAKE PEACH COBBLER SWEET REWARDS MARBLE CAKE	BANANA CRÈME PIE LEMON LAYER CAKE SWEET REWARDS YELLOW CAKE WITH GLAZE	SPICE CAKE CHEESE CAKE FRUIT PARFAIT	LEMON MERINGUE PIE	BANANA CRÈME PIE
POTATO BAR GREEK WRAP GYRO	TACO BAR CHICKEN QUESADILLA CUBAN SANDWICH RIBLET SANDWICH	PASTA BAR TEXAS BURGER BBQ SANDWICH	APPETIZER BAR MEATLOAF MELT BLT SANDWICH MONTE CRISTO	PIZZA BAR STIR-FRY (BEEF, CHICKEN, VEGETABLE, SHRIMP)		

DINNER

SHORT ORDER: (SEE ABOVE) **ALSO:** ASSORTED FRESH FRUIT, SOFT SERVE ICE CREAM, ICE CREAM BARS AND CUPS, ASSORTED CHIPS, & HOT ROLLS

LENTIL SOUP	TORTILLA SOUP	CHICKEN NOODLE SOUP	BROCCOLI CHEESE SOUP	CHICKEN GUMBO SOUP	BEEF NOODLE SOUP	AUTUMN SOUP
KING RANCH CHICKEN ROAST BEEF	CHICKEN NOODLE CASSEROLE CARNE GUISADA	SWEDISH MEATBALLS WITH GRAVY CHICKEN	CHILE MACARONI CREOLE BAKED FISH	FRANCISCAN MEAT PIE CHEESE MANICOTTI	CHICKEN ENCHILADAS LEMON BAKED FISH	BISTRO CHICKEN PARMESAN SALISBURY
MEXICAN RICE MUSHROOM POTATOES	WHITE RICE OVEN BROWNED POTATOES	CORDON BLUE	RED BEANS WITH RICE HOME FRIED POTATOES WITH ONIONS	RED NEW POTATOES RICE PILAF	MEXICAN RICE POTATOES AU GRATIN	STEAK WITH MUSHROOM GRAVY
BROCCOLI HARVARD BEETS	PEAS VEGETABLE MEDLEY	EGG NOODLES PARSLIED POTATOES	YELLOW SQUASH FRIED OKRA	PARSLIED CARROTS ZUCCHINI SQUASH	GREEN BEANS MEXICAN CORN	MASHED POTATOES WHITE RICE
DINNER ROLLS	DINNER ROLLS	ITALIAN CUT GREEN BEANS PEAS WITH CARROTS	DINNER ROLLS	DINNER ROLLS	DINNER ROLLS	MIXED VEGETABLE PEAS
LEMON MERINGUE PIE	APPLE PIE	DINNER ROLLS	BANANA CRÈME PIE	SPICE CAKE	CARROT CAKE	DINNER ROLLS
		MARBLE CAKE				LEMON LAYER CAKE

The Nutrition Care Division appreciates your continued patronage and support. To ensure the quality service is provided at competitive prices, all food and other subsistence items must be purchased prior to exiting this facility. No other food or beverages may be brought into the dining room. Failure to pay for food or removal of other government property may constitute theft and may be prosecuted through appropriate criminal and/or administrative processes.